

## Purchase a Monitor Barns CSA Share Today!

- Summer CSA - June through October
- Receive 20 weeks of fresh, healthy vegetables grown without pesticides or herbicides.
- Support our efforts to provide healthy local food to area schools and the growing number of families who rely on food shelves.
- Encourage sustainable farming by eating chemical-free, pasture-raised meat.
- Help us provide food production and animal husbandry training to AmeriCorps Interns and VYCC Corps Members.



## How Our CSA Works

- Vegetables are grown and harvested at the VYCC's Monitor Barns.
- Flowers and herbs are included for members in our Pick-Your-Own gardens.
- Weekly add-on's will include Vermont cheese, artisan bread, pasture-raised eggs, and delicious baked goods from local sources.
- Meat CSA's are filled the first week of each month.
- Maple Wind Farm Meat Packages are filled in the order received throughout the year.
- Members enjoy weekly E-newsletters, recipes, and stories from partner farms.
- Members will be invited to special farm events, like Maple Wind Farm's Hoedown / Potluck / Cattle Drive in August – not to be missed!
- A Regular Share is perfect for a couple or family augmenting a home garden. A Family Share provides for a 3-4 person household.

## Pick Up Details

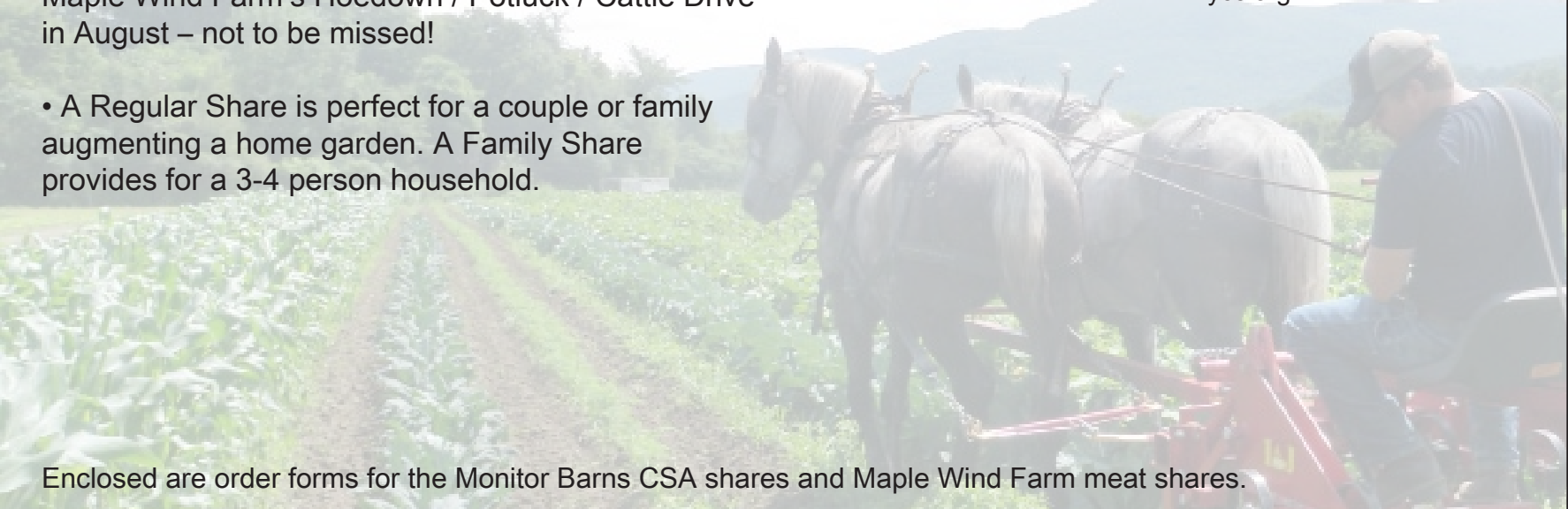
Shares can be picked up on Thursdays from 3:00 to 6:30 pm at the West Monitor Barn, located on Route 2 in Richmond.

Remote pick-up locations at Maple Wind Farm in Huntington and Healthy Living in South Burlington.

## Contact Us!

For more CSA membership information or questions about meat purchases, please contact:  
Beth Whiting or Bruce Hennessey, owners of MWF.  
802.434.7257  
info@maplewindfarm.com  
www.maplewindfarm.com

Amanda Payne, VYCC Farm Coordinator, will lead the VYCC Farm Crew and oversee the teaching and learning initiatives for the Monitor Barns CSA.  
802.434.3969 x145  
amanda.payne@vycc.org  
www.vycc.org



Enclosed are order forms for the Monitor Barns CSA shares and Maple Wind Farm meat shares.

# Our story

The Monitor Barns Community Supported Agriculture (CSA) program is a dynamic collaboration between the Vermont Youth Conservation Corps (VYCC) and Maple Wind Farm (MWF). Together, the partners combine the conservation and education mission of the VYCC with the experience and high-quality food production of MWF. Upon harvest, local families, area schools, food shelves, VYCC crews, and the Vermont FoodBank will receive a consistent source of fresh and sustainably-grown local food.



This unique partnership began when MWF lent the VYCC a tractor in exchange for a VYCC Crew's labor. With the

VYCC's enthusiastic Crew Members supporting the agricultural expertise of MWF, the Monitor Barns Farm began producing delicious veggies in June of 2009.

Our shared passion around youth, education, and the importance of making healthy food available to every Vermonter guides our work. Our goal is to build the Monitor Barns Farm over the next three years so that more than 150,000 pounds of fresh produce will be distributed to local schools and food shelves.

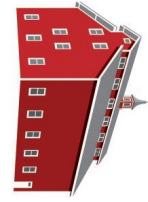
Help make this dream come to life...

... by purchasing a share and passing the word to your friends and neighbors.

Thank you!



We are passionate about bringing good, healthy, delicious food to every table in our community — regardless of one's income. Your CSA share supports the Monitor Barns Farm mission to produce food for local schools and food shelves. Thank you!



Monitor Barns CSA  
1949 East Main Street  
Richmond, VT 05477

Maple Wind Farm / Vermont Youth Conservation Corps  
A Food Partnership

Non-profit Org.  
U.S. Postage  
**PAID**  
Permit No.6  
Richmond, VT

# MONITOR BARNs CSA

Farm Fresh Vegetables &  
Pasture-Raised Meats



A Food Partnership



Pick-up Location off Rte. 2 in Richmond, VT